

Declarations of Interests form



Royal College of
General Practitioners

Please read the Declarations of Interests policy and guidance before completing this form.

Name	Dr Heather Ryan
RCGP role(s)	Member Trustee

I wish to register the following interests:

Remunerated employment	<p>I am employed 1 session a week by NHS England as a Primary Care Medical Educator.</p> <p>I occasionally undertake locum GP work, most recently at The Corner Surgery in Southport.</p> <p>I occasionally undertake additional ad hoc teaching of GP trainees, which is invoiced for via the local Training Hub.</p>
Remunerated ad hoc work	I am occasionally paid for medical writing - most recently blogs for Pulse magazine.
Remunerated directorships	I am co-owner and Director of Formby GP Ltd, and work there as a GP approximately 8 hours per week. At the present time I am remunerated for this role via dividends rather than salary. My husband, Dr John Cosgrove, is the other Director of Formby GP Ltd.
Shareholdings	My husband holds shares in Aberdeen Group PLC.
Research, patents and intellectual property	Nil.
Commercial land and property	Nil.
Remunerated services provided to the RCGP	Nil.
Membership of formal groups/organisations	<p>I am a member of the British Medical Association.</p> <p>I am the Honorary Secretary of RCGP Mersey Faculty Board.</p> <p>I have subscribed to the mailing list of "SEEN in Health" - the Sex Equality and Equity Network for NHS staff.</p> <p>My indemnity is provided by Medical Defense Society.</p>



<p>Non-remunerated directorships and trustee positions</p>	<p>I am a Member Trustee of RCGP.</p>
<p>Any other interests</p>	<p>I delivered a seminar at the 10th RCGP, RCN & RCPsych Health & Justice Summit in October 2023. I received free entry to the conference courtesy of the conference organiser, Convenzis. My employer, Mersey Care, paid for my travel and accommodation.</p> <p>Since August 2023 I have received several free and discounted consultations from Dr C Anderson at Stone Medical Clinic (a private GP service).</p> <p>On 4th April 2025 I attended Ladies' Day at the Grand National with a hospitality ticket provided by Radox. The value of the hospitality provided to me was £349. My husband also received a hospitality ticket of the same value. This hospitality was offered to us in our capacity as the Directors of Formby GP Ltd.</p> <p>I have been invited to attend Opening Day at the Grand National on Thursday 9th April 2026 with a hospitality ticket provided by Radox. I plan to attend. My husband has also been invited. This hospitality was offered to us in our capacity as the Directors of Formby GP Ltd.</p>